

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Freddy Sithole**

Has successfully participated & completed the  
**21km SA Run 4 Cancer Ultra Marathon 2019**  
held at Polokwane Rugby Fields.

**TIME 02:05:10**

**PACE 05:57/km**

**GENDER 156 of 443**

**OVERALL 174 of 766**

**40+ 34 of 132**

26 October 2019, Sat

Date



*BoutTime*

Signature

